

AACBT Vic Pub discussion

Family Violence and Resilience from Childhood to Childbearing



Come and learn about resilience in families, with a focus on Aboriginal and refugee communities.

GUEST SPEAKER Dr DEIDRE GARTLAND

There has been an increased focus on the prevalence and impacts of family violence, both within Australia and internationally. However, much of the focus has been at the more extreme end with families in refuges or involved with protective services.

This presentation draws on data from the wider general population to describe the prevalence of intimate partner violence and childhood abuse, and impacts on women and their children in the early childbearing years. Evidence of the cumulative impacts of violence experiences over the life course will be presented.

The benefits of a strengths-based, resilience approach to working with vulnerable families including families experiencing violence, refugee background families and Aboriginal families will also be discussed.

Dr Deirdre Gartland is a psychologist and a Senior Research Officer and co-leader of the Health and Resilience Stream in the Healthy Mothers Healthy Families Research Group at Murdoch Childrens Research Institute (MCRI), Melbourne, Australia.

Dr Gartland's research focus is on maternal and child health, with a particular focus on social adversity and building the evidence needed, to better support vulnerable families including families experiencing violence.

She is currently working with Aboriginal and refugee background communities to define and measure child resilience.

- **When** Wednesday 22 November 2017 @ 6:30-7:30pm
- **Where** Upstairs @ Robert Burns Hotel, 376 Smith St, Collingwood
- **Tickets** AACBT Members **Free** / Non-Members \$10

Book now at <https://www.aacbt.org.au/events/>



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