

An AACBT Masterclass

An Introduction to the Perth Voices Clinic

**Leading Psychological Interventions
for Voice Hearing**



Come and hear about the latest leading psychological interventions for voices and trauma from a passionate speaker who believes in upskilling current and future mental health practitioners in the area of psychosis.

***GUEST SPEAKER* Georgie Paulik-White**

This presentation will introduce the new psychological service based at Murdoch University named Perth Voices Clinic, and provide a more in depth look at the leading psychological interventions for voices and trauma, including Cognitive Behaviour Therapy (CBT), Imagery Rescripting, Relating Therapy, and Person-based Cognitive Therapy (PBCT).

Georgie has produced 17 peer reviewed publications in the field of voice hearing and psychosis, and has recently helped lead the development of a novel intervention for voice hearers named Relating Therapy (also named Cognitive Behaviour Relating Therapy). This work was done alongside colleagues in the UK (including Dr Mark Hayward, Sussex University) and Norway (Dr Bodil Kråkvik, Haukeland University).

Dr Paulik-White has run and published two pilots for the intervention (both individual therapy and as a group therapy) and she is currently helping to run a random controlled trial of the group intervention in Norway.

She is also currently running a pilot of Imagery Rescripting with voice hearing clients who have a trauma history with Prof. Arnoud Antz (Netherlands) and Dr Craig Steel (UK).

Dr Georgie Paulik-White is a research-practitioner and has dedicated her career to working in voice hearing and early psychosis.

She believes that research must guide clinical decisions in therapy, and likewise the experiences of clients helps to inform the direction of her research.

Georgie is the Clinical Director of Perth Voices Clinic & Adjunct Lecturer at the University of Western Australia, where she received her PhD in 2007.

- **When** Saturday, Saturday 26 August 2017 @ 10am-12:30pm
- **Where** The Niche, 11 Aberdare Road (Corner Hospital Ave), Nedlands, WA
- **Tickets** AACBT Members Free / Non-Members \$50



Book now at <https://www.aacbt.org.au/events/>

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